## CAFÉ ROYAL GRILL - ALLERGEN INFORMATION

At Hotel Café Royal, we take allergens seriously. Below is a detailed list of our dishes and the allergens they contain. Please be aware that while some dishes do not contain certain allergens as ingredients, traces may be present due to our kitchen environment.

## Olives, Oysters & Shellfish

Marcona Almonds (V) Nuts (Almonds, Olives)

Nocellara Olives (V) Sulphur Dioxide

Lobster Bisque

Crustaceans, Milk, Fish, Cereal, Celery,

**Sulphur Dioxide** 

Gillardeau Oysters

Molluscs, Fish, Sulphur Dioxide

Shellfish Cocktail

Crustaceans, Fish, Eggs, Mustard, Sulphur

Dioxide

Coronation Crab Salad

Nuts, Crustaceans, Fish, Mustard, Sulphur

Dioxide

**Baked Orkney Scallops** 

Molluscs, Fish, Milk, Cereal, Sulphur

Dioxide

#### **Starters & Salads**

Twice Baked Cheddar Cheese Soufflé (V) Milk, Eggs, Mustard, Cereal, Sulphur Dioxide

Jerusalem Artichoke Soup (V)

Nuts, Milk, Celery

Steak Tartare

Fish, Eggs, Mustard, Cereal, Sulphur Dioxide

Avocado Salad with Winter Tomatoes &

Pecorino

Milk, Sulphur Dioxide

Winter Leaf Salad (Ve)

**Sulphur Dioxide** 

Roasted Beets with Marcona Almonds &

Horseradish Crème Fraîche (V)
Nuts (Almonds), Milk, Mustard, Sulphur

Dioxide

Burrata with Blood Oranges, Green

Olives & Pistachio (V)

Milk, Nuts (Pistachio), Sulphur Dioxide

Smoked Salmon with Soda Bread &

**Dulse Butter** 

Fish, Wheat, Milk, Sulphur Dioxide

Café Royal Salad (Pear, Endive, Roquefort

& Toasted Walnuts) (V)

Nuts (Walnuts), Milk, Sulphur Dioxide

Fried Duck's Egg with Baby Squid & Ink

Dressing

Molluscs, Eggs, Fish, Milk, Sulphur Dioxide

Cornish Fritto Misto (Squid, Prawns, Red

Mullet, Aioli)

Crustaceans, Fish, Eggs, Milk, Cereal, Sulphur

Dioxide

#### The Grill

Grilled Cornish Sea Bass with Barbe di Fratte & Parsley Butter Fish, Milk, Sulphur Dioxide, Celery

John Dory with Rosemary Butter

, Fish, Milk

Minute Steak with Green

Peppercorn Sauce

Milk, Sulphur Dioxide, Celery

Fillet Steak on the Bone Sulphur Dioxide, Celery

Sirloin Steak

**Sulphur Dioxide, Celery** 

Côte de Boeuf

Sulphur Dioxide, Celery

Lamb Cutlets

Sulphur Dioxide, Celery

Barnsley Chop

Sulphur Dioxide, Celery

Peppercorn Sauce

Milk, Sulphur Dioxide, Celery

Béarnaise Sauce

Eggs, Milk, Sulphur Dioxide, Celery

Salsa Verde

Fish, Mustard, Sulphur Dioxide, Celery

### Other Mains & Sides

Smoked Haddock with Colcannon, Poached Egg & Grain Mustard Sauce Fish, Milk, Eggs, Mustard, Sulphur Dioxide, Celery

Goujons of Lemon Sole with Tartare Sauce

Fish, Eggs, Mustard, Wheat, Sulphur Dioxide, Celery

Calves Liver with Champ, Red Wine & Shallots

Milk, Cereal, Sulphur Dioxide, Celery

Braised Ox Cheek with Guinness & Champ

Milk, Wheat, Sulphur Dioxide, Celery

Chicken Escalope Holstein with Fried Egg, Capers & Anchovy

Eggs, Fish, Wheat, Milk, Sulphur Dioxide, Celery

Chicken Pie Café Royal with Black Truffle Sauce & Mash Potato Milk, Eggs Wheat, Sulphur Dioxide, Celery Roscoff Onion Tart with Mâche Salad & Truffle Dressing (V) Eggs, Wheat, Milk, Mustard, Sulphur Dioxide

Ground Rib Steak Burger with Melted Cheese, Red Onion & Pickles Sesame, Eggs, Milk, Mustard, Wheat, Sulphur Dioxide

Baked Fillet of Var Salmon with Honey Mustard & Dill Fish, Mustard, Sulphur Dioxide

Welsh Rarebit with Pickled Walnut Fish, Eggs, Milk, Wheat, Nuts (Walnuts), Mustard, Sulphur Dioxide

Angels on Horseback with Laverbread Molluscs, Fish, Cereal Cheese Selection

Milk, Cereal, Sulphur Dioxide

#### Sides

Purple Sprouting Broccoli (V) No Allergens

Lettuce Heart & Herb Salad (V)

Sulphur Dioxide

Spinach (Steamed or Creamed) (V)

Milk

Triple Cooked Chips (V)
Milk

Buttery Mash Potato (V)

Milk

Koffmann's Fries (V)

No Allergens

Buttered Pink Fir Apple Potatoes (V)

Milk

(V) Vegetarian (Ve) Vegan

# **Allergy Notice**

If a dish is not listed, please ask a member of staff. While we take every precaution to avoid cross-contamination, we cannot guarantee the absence of allergens in our kitchen environment.