



# AKASHA

INSPIRING WELLBEING

## STARTERS

Barbecued Shrimp

Chilli, mango and coriander salsa / 148Kcal / £21

Yellowfin Tuna Tartare

Avocado, rocket salad, lemon zest, parsley / 320Kcal / £21

Quinoa Salad

Avocado, beetroot, broccoli, pomegranate and toasted pumpkin seeds / 220Kcal / £22

Burrata Salad

Burrata, heritage tomato, basil oil, Taggiasca olives (v) / 360Kcal / £22

## MAINS

Lemon Chicken Buddha Bowl

Seasonal vegetable rolls, sweet potato, heritage beetroot, chickpeas, avocado, edamame, soy and miso dressing / 480Kcal / £21

\*Please enquire with a member of the team for vegan options'

Grilled Scottish Salmon

Grilled vegetables, salmoriglio dressing / 320Kcal / £38

Grilled Wild Seabass

Salsa verde and rocket salad / 386Kcal / £44

## DESSERTS

Yoghurt Mousse

Citrus fruit, crispy oats (v) / 228Kcal / £12

Espresso Protein Bites

Peanut butter ice cream (v) / 343Kcal / £12

Banana and Avocado Fruit Salad

Pineapple, coconut chia seeds (v) / 237Kcal / £12

Seasonal Fruit Plate

Freshly sliced seasonal fruit (vg) / 56Kcal / £12

Ice Cream

Daily selection of ice cream / 270Kcal / £9

**To place your order, please speak with a member of the Akasha team.**

(vg) Vegan (v) Vegetarian / Adults need around 2000 Kcal a day

Hotel Café Royal makes every effort to comply with dietary requirements of all our guests. If you have a food allergy or special requirement, please inform a member of the team prior to placing your orders. A discretionary service charge of 15% will be added to your bill. All prices are inclusive of VAT charged at the current rate.



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## BEVERAGES

### Cold-Pressed Juice

250ml / £6.5

Fiery apple / 110Kcal  
Berry boost / 43Kcal  
Lean green / 38Kcal  
Clean carrot / 100Kcal  
Easy green / 65Kcal  
Sweet citrus / 118Kcal  
Super ginger / 100Kcal

### Matcha Mix

250ml / 14Kcal / £5

Pear and ginger / 14Kcal  
Pineapple and yuzu / 15Kcal  
Raspberry and apple / 111Kcal

### Ginger Super Shot

60ml / 22Kcal / £2

### Optimum Protein Shake

500ml / £4.5

Chocolate / 315Kcal  
Strawberry / 290Kcal  
Vanilla / 290Kcal

## CHAMPAGNE

N.V. Veuve Clicquot, Yellow Label, Brut, FRA

Glass 125ml / £20

Bottle 750ml / £100

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